



Resources

All resources are age-appropriate, colourful and very child-friendly. Both children and teachers will love them! Here are just a few.



Barnardo's - What do we do?

Barnardo's will support your school to effectively implement the programme. We will ensure the best possible outcomes for your children and the wider school community, and will plan for sustainability.

Barnardo's SEL provision consists of three elements:

Resources are available for each year group within the Primary School.

Training is provided by an accredited Trainer who is affiliated with programme developers SEL Worldwide.

Technical Assistance can be provided by a trained Barnardo's Coach who will not only support the successful classroom delivery of *The PATHS® Programme for Schools (UK Version)*, but also work with school staff to ensure the whole-school generalisation of SEL concepts through the following additional support:

- ✓ Parent sessions
- ✓ Training non-teaching staff on SEL language and themes, and delivering specialised training for playground supervisors on SEL playground games and SEL activities for wet breaks
- ✓ Training older children to be Barnardo's Buddies to assist playground supervisors
- ✓ Creating assemblies for whole-school delivery on SEL themes and issues
- ✓ Advising on SEL displays
- ✓ Advising on delivering SEL messages through other areas of the curriculum.

For further information please contact:
Mairead Ewart (Children's Services Manager)
Email: paths@barnardos.org.uk

PATHS®, Barnardo's NI
1C Beechill House
42 Beechill Road
Belfast, BT8 7RL
Tel: 028 9079 0133

www.barnardos.org.uk
www.pathseducation.co.uk

Barnardo's Registered Charity Nos. 216250 and SC037605

Believe in
children
 Barnardo's

What is
The PATHS®
Programme
for Schools?
(UK Version)



Believe in
children
 Barnardo's

PATHS™
The PATHS™ Programme for Schools (UK Version)
Promoting Alternative Thinking Strategies

PATHS™
The PATHS™ Programme for Schools (UK Version)
Promoting Alternative Thinking Strategies

What is *The PATHS*[®] Programme for Schools (UK Version)

The *PATHS*[®] Programme is an evidence-based social and emotional learning programme aimed at 4 – 11 year olds (primary age), that teaches pro-social skills, emotion understanding, social problem-solving and self-control. It covers five domains of social and emotional development:

- ✓ Self-control
- ✓ Emotional understanding
- ✓ Positive self-esteem
- ✓ Relationships
- ✓ Interpersonal problem-solving skills

The *PATHS*[®] Programme is a universal evidence-based programme delivered in primary schools by classroom teachers.

Promoting Alternative Thinking Strategies

The *PATHS*[®] Programme is a universal whole-school programme that seeks to change/build upon a school's ethos and culture, through working with the school leadership and teaching staff. In studies in the US, *The PATHS*[®] Curriculum and SEL programmes have also been shown to have a positive impact on academic attainment and pupil behaviour.

Studies Show It Works!

HOW DOES IT DIFFER FROM EXISTING PRODUCTS?

- ✓ It is proven to work!!
- ✓ Child friendly, age appropriate resources are provided
- ✓ Lessons provided are scripted for easy delivery and to ensure fidelity to the programme
- ✓ Takes on a whole-school approach
- ✓ There is clear progression throughout the year groups/key stages
- ✓ There are clear links to PSE, EHWB and other subjects across the curriculum.

Key Strategies



Rules

Children are taught the purpose and importance of rules.

Compliments

Children are taught what a compliment is, why they should pay compliments, how to pay and receive compliments and how they make people feel. 'Pupil of the Day' introduces regular complimenting within the classroom.

Calming Down and Self-Control

Children are taught a variety of calming down techniques including 'Doing Turtle' and using the Control Signals poster.

Feelings

Children are taught that all feelings are OK (behaviours are OK or NOT OK). Using age appropriate resources children develop a better understanding of how to label and recognise their own emotions and those of others.

Manners and Fair Play

Lessons teach children the importance of manners and fair play.

Problem-solving

Children learn how to identify and deal with any problems that they may face. Progression through the year groups enables children to work up to using an 11 step problem-solving technique.